

MAYOR:
LAUREL BRADY

COUNCIL MEMBERS:
BEN CHRISTENSEN
MICHAEL COBIA
MICHAEL NELSON
ANN H. TOLLEY
BRIAN J. WALL



Mayor's Message

It's been a tough couple of months for us here at the city. The local impacts of our nation's economic woes have forced us to make some thoroughly unpleasant decisions. We hated raising water rates and increasing taxes because we knew both steps were going to cause painful impacts for all of you. Believe me, if we could have avoided causing you that pain, we would have. There was simply no choice.

I appreciate the many of you that shared your feelings and your circumstances with us during this time. It's been helpful to have your faces in front of us to personalize the effects of our decisions. Because of your individual stories, we've taken greater care, remembering that we're not just shuffling numbers, we are changing aspects of the lives and comfort of our friends and neighbors. We're particularly cognizant of the effects on our long term residents and senior citizens. I wish you could all understand what a personal toll this has taken on each of the council members and myself. It's what we signed up for, and it's our job, but that doesn't make it any less painful.

With the immediate crisis handled, we've now turned our attention to the future. We all hope next year will be better. But we can't make the mistake of living on hope alone. So we are moving forward based on the assumption next year will NOT be better, and that it is likely, in fact, to be worse. There are some encouraging signs things may be starting to improve, but it's too soon to tell if the improvement is a real trend or a blip. So we are taking a very cautious stance.

Our department heads have been instructed to identify even more cost saving measures for the coming year. We are looking at everything, because it's doubly difficult now, as we've already slashed the city budget to the bone - we cut close to 25% from last year's spending, which is a very significant amount. There is almost nothing left to cut, except services. Think for a moment what a very different place Mapleton will be if we have to cut snow removal out of our budget, street maintenance, sewer repairs, or emergency services. Those are last ditch efforts - so we don't want to run out of ditches!

We can't just concentrate on cutting spending to make ends meet. We need to aggressively pursue and create new revenue streams. This will take time, but we're starting. When I ran for office last year, I promised to make Economic Development a priority. At the time, it wasn't yet evident how critical this need would become, and how quickly our fortunes would change. And, it wasn't known how forbidding the economic development environment would be, even just these few months later.

Still, I'm pleased to tell you we have painstakingly assembled an Economic Development team with significant experience, knowledge, and enthusiasm. Even before the team was in place, we were pursuing several leads. But with this group fully functioning, it will magnify all our efforts.

The biggest challenge for us now is to "Think Outside the 'Big' Box." This is going to have to become our motto, as we analyze the realities of our demographics. Our city is not currently suited for a 'big box' type store, and may never be. But what are we suited for? What types of businesses could be successful here? Where should those businesses be located? How do we attract those businesses, and how do we keep them once they are here? What do we as a community bring to the table? What home-grown businesses can we support, and what home-grown businesses can help support us?

City Newsletter

October 2008 Edition

A few weeks ago I got a couple of letters from residents indicating that while they understand the need for new revenue sources, they'd rather pay higher taxes than see our city destroyed by the wrong kind of business development. I understand this, and worry about it. Like many of you, I was attracted to Mapleton by the quiet, the small town-agricultural atmosphere, and the open spaces and fields. Those are the things that brought me here. I don't want us to lose those things, or damage the irreplaceable character of Mapleton. It is going to be a delicate balance to attract and grow the right businesses in the right places so they won't damage that character.

But I believe we can do it. There are a couple of exciting developments in process that could be keys to our success in this area. We'll keep adding irons to the fire, and will welcome any input, suggestions, or even connections that any of you may have that can move us toward our goal. Please call or email me if you have any thoughts on this or any of our other current challenges at (801) 489-5655 ext. 105 or mayor@mapleton.org.

Dedication of Eagle Monument

October 1, 2008 – City Park (Corner of Main and Maple Street)

The recently completed Eagle Monument – a memorial paying tribute to Mapleton Service personnel who have served in the Gulf, Afghanistan and Iraq Wars, will be dedicated at 5:45pm on Wednesday, October 1st.

Veterans home from the war, together with their families, have been invited to participate in this ceremony to which all citizens are warmly invited to attend.

The monument - a 5' wingspan Eagle Statue – was donated to the City by Dean Allan, himself a veteran of the Korean War. The engraving work on the pedestal was generously donated by Richard Beesley, proprietor of Beesley Monuments.

City Calendar

Oct 1	7:00pm	City Council Meeting
Oct 13		City Offices Closed – Columbus Day
Oct 14	9:00am	Trails Sub-Committee Meeting
Oct 9	11:30am	Senior Citizen Potluck Luncheon
Oct 9	6:30pm	Planning Commission Meeting
Oct 15	7:00pm	City Council Meeting
Oct 16	6:00pm	Transportation Committee Meeting
Oct 23	6:30pm	Planning Commission Meeting

Museum Tours are available by appointment. If interested please call 489-6714 or 491-6676.

Calendared City Meetings are held at the Community Center Building, 125 West Community Center Way (400 North). City Council Meetings are held the first and third Wednesday of each month. For more information about City Meetings call 489-5655. **Agendas, Minutes, and Public Notices for all Meetings are available on the City's website at www.mapleton.org.**

Recreation

On-line registration for most programs is available at mapleton.org/parksandrecreation.html. For questions concerning our recreation programs please call our office at (801) 806-9114, located in the Mapleton Community Center at 125 West 400 North, Mapleton. Recreation Office hours: Monday-Thursday, 9am - 1pm. On-line registration for most programs is available on our website at www.mapleton.org/parksandrecreation.html.

3rd Annual Mapleton has "Sole" Fitness Challenge

There were many members of our community hitting the sidewalks and streets again this summer for our fitness challenge, with 7,900 miles recorded. The individual winners are Mike Nelson with 1,165 miles (winner of \$100 MVP Sports gift certificate), Scot Olson with 720 miles (winner of \$75 MVP Sports gift certificate), and Carol Day with 500 miles (winner of \$50 MVP Sports gift certificate). The family winners are the Maylett family with a total of 945 miles (\$100 MVP Sports gift certificate), the Harris family with 915 miles (Sports equipment bag), and the Young family with 698 miles (Model A Café certificate and sports ball). Thank you to Melanie Cuthbert who helped organize the program, and thank you to our great sponsors!

Creative Dance, Ages 5-9 years

Ballet technique will be taught in a more creative setting allowing participants to develop their own creativity in dance. This class will be at the Mapleton Community Center on Wednesdays (ages 5-7 years: 3:45pm-4:45pm and ages 7-9 years: 4:45pm-5:45pm), monthly through the Spring, with a recital in the Spring as well. Instructor, Lisa Rivera is currently a BYU dance instructor, and has performed with BYU dance companies nationally and internationally. Each class is limited to 12 students. \$25 per month.

Mapleton Children's Choir

Come and sing! The Mapleton Children's Choir is now enrolling! Children learn why music is an art, and have fun discovering that they are in fact the instrument that makes music beautiful. Spots will be filled on a first come first serve basis. Choir Director, Heidi Bezzant, studied music at Brigham Young University, and has directed the Timpanogos Children's Choir in Lindon. She also enjoys playing the violin and maintains a select private studio in her home as well as works professionally as a recording artist and performer. The Choir will meet through May and will prepare for a Christmas and a Spring Concert. Register online or at the Recreation Office. For more information, please call Heidi at (801) 318-0884. Musical Beginnings, ages 4-7 Thursdays 4-4:30pm; Fee \$25. Mapleton Children's Choir, ages 7-12 Thursdays 4:30pm-5:30pm; Fee \$40 (sibling discount rate \$25) per month.

Girls Basketball 2008 – Grades 1st-8th

It's not too late to register. Registration was held the end of September, but you can still register online or at the Recreation Office. Games will be played November thru December.

Girls Leagues & Registration Fees:

Registration fee includes league play, a reversible jersey, membership in YBA (Youth Basketball Association), and an opportunity to participate in the Division Shoot-out.

- 1st & 2nd Grade (Instructional/Skills) \$30.00
- 3rd & 4th Grade \$35.00
- 5th & 6th Grade \$35.00
- 7th & 8th Grade \$35.00

A \$10.00 late registration fee will be added after October 1st.

Recreation Continued

Junior Wrestling, Pre-K – 9th Grade

Wrestling is a fantastic sport that demands the best from the heart, mind and body. Registration will be held at the Springville High School Cafeteria on Tuesday, October 7th and Thursday, October 9th from 7pm-9pm both nights. Participants must be present for weigh-in. The registration fee for children ages 4th-5th grade is \$50 and 6th-9th grades is \$75. Watch for more information distributed through your school! Contact Craig LaMont at (801) 489-8767, (801) 380-8828 or via email at craig@telosrtc.com for more information.

Boys Basketball Registration – November 18th Grades 1st-8th

Boys basketball registration will be held on Tuesday, November 18th from 6pm-8pm at the Mapleton Community Center. Games will begin in January 2009. Late registration will be accepted online or at the Recreation Office.

Boys Leagues & Registration Fees:

Registration fee includes league play, a reversible jersey, membership in YBA (Youth Basketball Association), and an opportunity to participate in the Division Shoot-Out.

- 1st & 2nd Grades (Instructional/Skills) \$30.00
- 3rd & 4th Grade \$35.00
- 5th & 6th Grade \$35.00
- 7th & 8th Grade \$35.00

A \$10 late registration fee will be added after December 3rd.

Turbo Kick Box (TKB)

This class provides the flavor of a kickboxing workout with the safety factor that relates to the general public. It is a floor routine without bag work. The class will be taught by Valerie Littleton, a certified TKB instructor who has been teaching fitness classes for over 20 years. The classes will be Wednesday and Friday at 6am at the Community Center. Register online, at the Recreation Office, or at the class. Fee is \$20 per month (may be combined with Yoga for a multiple-class discount – call 806-9114 for details).



Yoga

Enjoy the benefits of yoga; increased strength, flexibility and muscle tone, mental focus, endurance, and reduced stress. Modified Ashtanga Yoga combined with Power Yoga classes will be taught by Valerie Littleton or Adabelle Carson, Yoga Alliance certified instructors. The classes will be Monday and Wednesday at 8:30pm or Tuesday and Thursday at 6am at the Community Center. Register online, at the Recreation Office, or at class. The fee is \$20 per month (may be combined with Turbo Kick Box for a multiple-class discount – call 806-9114 for details).

Please visit mapleton.org/parksandrecreation.html for more information about all our programs.

Sons of Utah Pioneers

On Thursday, October 23rd, the Maple Mountain Chapter of the Sons of Utah Pioneers members and their wives and friends will meet at the Country Market Restaurant & Buffet at the Springville Flying J (1460 North 1750 West) at 6:30pm. The price of the meal is \$12.00 per person, which includes tax and gratuities. We will have our own buffet upstairs. After eating, we will hear a presentation by Middle Eastern Studies expert, David Galbraith. He will speak about the on-going conflict between the Israelis and the Palestinians. He will also present insights about the latter-day role that Jerusalem will play in conjunction with the 2nd coming. The public is invited. You may call Jan Wynn at (801) 489-9209 for additional information.

Accessory Apartments

Owner-Occupied Accessory Apartment Ordinance

Mapleton's Planning Commission and City Council have recently completed an update of the Owner-Occupied Accessory Apartment Ordinance, which has existed for several years. This ordinance is designed to:

- Accommodate supplementary living accommodations in some appropriate areas of the community; and
- Protect the investments and quality of life of Mapleton residents in neighborhoods allowing only single family homes; and
- Allows for an owner-occupied accessory apartment in a single family home if the home owner complies with certain conditions and obtains a permit.

The Department of Community Development have been asked to make citizens aware of the ordinance and to increase enforcement efforts. Below are a few summary provisions:

Mapleton's Owner-Occupied Accessory Apartment Ordinance allows an apartment to be part of a single family dwelling by permit only. Family members who have access to the entire house are exempted. The ordinance hinges on whether a separate dwelling unit has been created i.e., whether any portion of a home is sectioned off containing separate living quarters, bathroom, and a kitchen. Specific requirements must be met to obtain a permit including apartment entrances, off-street parking, square footage, and building code requirements. A significant one-time fee is required and extra sewer fees are required. Provisions have been added to allow the withdrawal of the permit while the apartment is not occupied.

Mapleton City encourages home owners who may have an apartment within their property to contact the department of Community Development staff at (801) 489-6138 to obtain a legal permit for the apartment.

Public Safety

Identity Theft / Fraud

Recently we have had several calls from citizens concerned about identity theft and fraud cases. The Utah Attorney General's Office has a very good web site that can educate and help citizens with identity theft. The web site is at www.idthef.utah.gov below are a few suggestions from their web site to avoid identity theft:

- Carefully review every credit card and bank statement for unauthorized charges.
- Burn or shred, with a cross-cut shredder, any mail or financial papers with your personal information on it. Never recycle them.
- Destroy all receipts, shipping slips and bills that use your credit card number. Never leave transaction receipts at ATM machines, on counters at financial institutions, or at gasoline pumps.
- It's impossible to tell what's real and what's fake online. Just delete any e-mail that asks for personal information.
- Just hang up on telemarketers, particularly ones who seem to be fishing for personal information, like your birthday. Also, visit The National Do Not Call Registry at www.donotcall.gov to keep Telemarketers from calling.
- Reduce unwanted junk mail by removing your name from the Direct Marketing Association (DMA) Member Prospect List. Removing your name may prevent you from receiving new catalogs, coupons, announcements about new businesses in your community, and notices of special offers.

In addition make sure your cars, garages, and homes are locked to prevent anyone from stealing your property which might include your personal information.

In reference to fraud cases there are many scams going on right now including some over the internet and email systems. If you are not sure if it is a legitimate company you are dealing with you can call the Better Business Bureau or the Mapleton Police Department. Most importantly never give out your personal information over the phone or on the internet to someone you do not know personally. Remember, if it is too good to be true it probably is.

Winter Parking

This is just another friendly reminder that cars, trucks, motor homes and boats cannot be left on the street for more than 72 hours at any time. Starting in November through March there is no parking on the street from 11:00 pm to 6:00 am. This allows for the snow plows to be able to clear the roads.

Senior Citizens

As a crispness tinges the early morning, we are reminded that summer's bright flowers are about to be replaced by fall's own spectacular color scheme. Mapleton Seniors have the opportunity for a day out with friends on Saturday, October 18th, with a trip to Gardner Village. This trip includes dinner and a play. The cost is \$41.00. Now is the time to renew membership at the Springville community. The cost for the year is \$10.00.

Pot Luck

The pot lunch social is on Thursday, October 9th, 2008 at the Mapleton Community Center.

Computers

In October the computer lab has been fortunate to secure Marlo Schuldt, author of the well known "Digital Family History", to the Mapleton Senior Center. Mr. Schuldt will present classes on October 16th (Where to Begin), October 23rd (Easier Scanning), and on October 23rd (Working with Sound). Visit his website at www.heritagecollector.com and call Sallie Korman at (801) 489-8593 for further information.

Exercise Room

Thanks to everyone who supported the exercise room's open house in August. Hours in the exercise room may be expanded this month if there are sufficient volunteers. Call the exercise room at (801) 806-9128 or Peggy Burt at (801) 489-4363 for further information.

Painting

Maple Mountain Art Guild continues to offer a painting class on Mondays from 12:30-3pm. Call Lori Beckstrand at (801) 489-9414 for more information.

Tai Chi

Tai Chi classes are offered through fall each Wednesday from 8:30-9:30am in the Multi-Purpose Room at the Mapleton Community Center. The instructors are Drs. John and Joan Garret.

Recognition of Mapleton Service Members

The Mapleton senior Citizens will be giving recognition and thanks to Mapleton families who have a member of their family serving in active duty in the armed forces. Whether your service member is a spouse, child or grandchild, we would like to honor your family for the love and support this service member is receiving, through you. If your family has a service member or you know of a family with a service member, please give the name and address of these Mapleton families to April Houser at the Mapleton City Offices. You can reach her at (801) 806-9109 or via email at ahouser@mapleton.org.

If you have a skill or suggestion that could benefit the Mapleton Senior Program please contact the appropriate person mentioned above. Your input will help the program serve you better.

Public Works

Clean Streets

Fall is fast approaching and leaves will soon be falling. Please help keep the city looking clean by keeping leaves, grass clippings and debris cleaned up in front of your residences and businesses. This will also help keep our storm water sumps and drains clean.

Pressurized Irrigation

The Pressurized Irrigation Service will be available through the month of October.

Meter Reading

Mapleton City uses a radio frequency automated meter reading system which enables the Public Works to do meter readings in approximately 3 days. This is a great savings in both manpower and time. Before this system was installed, it took approximately 3 weeks to read all the water meters in the City. Because of the cost of this radio reading system, it is important for residents not to open up the water meter lids. Residents should have their own shut-off valve in place. If not, one should be installed. We are experiencing damage to radio transmitters, while landscaping and unauthorized access to water meters. These transmitters are costly to replace so please contact the Public Works Department at (801) 489-6253 during normal working hours. For after hour requests, holiday or weekend emergencies contact the Utah County Dispatch at (801) 851-4100 for any water shutoff or water meter access requests.

Ambulance

ICE is Nice – at least in an Emergency

ICE stands for In Case of Emergency which is a concept started by Cambridge paramedic, Bob Brotchie. ICE is a way for emergency personnel (ambulance and hospital staff) to get information fast when unable to communicate with someone because of injury or medical condition. By putting the word ICE before a name in your cell phone contact list, you identify them as an emergency contact, whether that means located next of kin, finding out more information about a patient, etc. Think carefully about who you choose to put down as an ICE contact. Make sure that person has agreed to be your ICE contact, that they have a list of people to contact on your behalf, and they know about any medical conditions to help assist with your medical treatment. Also remember to keep your cell phone charged and remember that ICE contacts should be used in addition to, but not in place of, standard forms of identification and medical treatments.

First Aid Kits

The Ambulance will be selling first aid kits again this year. These make great Christmas gifts for loved ones. Orders need to be placed by Friday, December 12th. Order forms can be printed off the City's website at www.mapleton.org, under "Emergency Services", and "Ambulance". You can also order them online at www.safecommunityusa.com/mapleton or by phone at (801) 423-7878.



Pandemic Preparation

A Reason to have a Three Months Supply

Mapleton is preparing for a possible Influenza Pandemic. A "Pandemic" is a world-wide epidemic in a vulnerable population. The devastating 1918 "Spanish Flu" pandemic killed about one out of 10 who became infected and millions of people died. The present threat of the H5N1 Avian flu is much more virulent—it kills about 8 out of 10. With a larger and more mobile population, the deaths will likely multiply dramatically. This flu virus has not yet spread easily from human to human, but if it mutates, avian influenza may break out globally, with disastrous consequences.

You can prepare for an influenza pandemic now. You should know both the magnitude of what can happen during a pandemic outbreak and what actions you can take to help lessen the impact of an influenza pandemic on you and your family.

Continued on next column

Contact Numbers

Mayor:	489-5655	Library:	806-9127
City Council:	489-5655	Public Works:	489-6253
City Administration:	489-5655	Emergency:	911
Community Development:	489-6138	Dispatch Police,	
Building Inspection:	722-4839	Fire, Ambulance:	851-4100
Court:	489-7445	Non-emergency:	491-8048
Recreation:	806-9114	Newsletter:	806-9109
Recreation Hotline:	367-5069	Senior Citizens:	489-0106

The Mapleton City Newsletter can be viewed at our website at www.mapleton.org.

This checklist will help you gather the information and resources you may need in case of a flu pandemic.

1. Plan for a pandemic:
 - a. Store a two week supply of water and a three-month supply of food. During a pandemic, if you cannot get to a store, or if stores are out of supplies, it will be important for you to have extra supplies on hand. This can be useful in other types of emergencies, such as power outages and natural disasters.
 - b. Periodically check your regular prescription drugs to ensure a continuous supply in your home.
 - c. Have any nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes, and vitamins.
 - d. Talk with family members and loved ones about how they would be cared for if they got sick, or what will be needed to care for them in your home.
 - e. Volunteer with local groups to prepare and assist with emergency response.
 - f. Get involved in your community as it works to prepare for an influenza pandemic.
2. Limit the spread of germs and prevent infection:
 - a. Teach your children to wash hands frequently with soap and water, and model the correct behavior.
 - b. Teach your children to cover coughs and sneezes with their sleeves, and be sure to model that behavior. Watch a humorous video on this at youtube.com/watch?v=Wju7F5ytk6M and at youtube.com/watch?v=SpPA73SZJYE.
 - c. Teach your children to stay away from others as much as possible if they are sick. Stay home from work and school if sick.
3. Practice "**Social Distancing**." Influenza is thought to be primarily spread through large respiratory droplets (droplet transmission) that directly contact the nose, mouth, or eyes. These droplets are produced when infected people cough, sneeze, or talk, sending the infectious droplets and very small sprays (aerosols) into the air and into contact with other people. Large droplets can only travel a limited distance; therefore, people should limit close contact (within 6 feet) with others when possible. To a lesser degree, human influenza is spread by touching objects contaminated with influenza viruses and then transferring the infected material from the hands to the nose, mouth, or eyes.
4. Below, in order of effectiveness, are four aspects of *voluntary* Social Distancing:
 - a. Limit exposure to other people within 6 feet. *Do not shake hands!*
 - b. Minimize exposure to enclosed spaces containing crowds, such as movie theaters, grocery stores, gas stations, schools, malls, and so forth.
 - c. Use personal protective equipment, such as N95 masks, if you must get within 6 feet of anyone outside your immediate family (or other individuals where you have intimate knowledge of their health conditions) or if you must go into an enclosed space containing crowds. It should be noted that there is limited information on the use of surgical masks for the control of a pandemic in settings where there is no identified source of infection.
 - d. Wash hands after touching any item that may have been touched by others or use disposable gloves. Contaminated surfaces can transmit influenza for 24 hours.
 - e. Be prepared to cooperate with *forced* Social Distancing.
5. Closure of churches, office buildings, stores, schools, and public transportation systems.
6. Quarantine of neighborhoods and even entire communities.

In summary, a pandemic is likely to disrupt our lives dramatically. In addition to the potential for sickness and seeing friends and family members sick and dying, we will have significant disruption in our work, our children's schooling, our shopping, our social activities and recreation, and a myriad other factors. Advance preparation can make the difference between mere inconvenience and total disaster.